

BME Mental Health & Well Being Seminar

Access to mental health services: Road to Recovery



DATE:

**Thursday 21st October 2010
9.30am - 1.30pm**

VENUE:

**Oxford House
Derbyshire Street
Bethnal Green
London E2 6HG**

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For get a
mental health



**THE
ASIAN
HEALTH
AGENCY**

A partnership event organised by:

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Road to Recovery

Seminar Content

The event is part of Black History Month and World Mental Health day and is being organised by The Asian Health Agency's BME Leadership & Engagement Project, in collaboration with Mind in Tower Hamlets and Newham.

The seminar will explore the mental health issues affecting BMER communities; bringing together community groups, policy makers and other service providers.

The seminar aims to increase BMER based communities' role and involvement in discussions around mental health service provision through community engagement.

Objectives:

- To develop an understanding about Personalisation agenda on mental health
- To raise awareness about the mental health needs of the BMER Communities
- To empower BMER communities to have their voices heard
- Understand equality and diversity issues that affect BME Communities within mental health
- To facilitate opportunities for healthcare professionals to come together with community members and groups to share areas of common interests and concern

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Programme

- 9:30 Registration and Tea/Coffee**
- 10:00 Welcome & Introduction**
Aymero Gebremeskel, *BME Leadership and Engagement Project*
- 10:15 “When Does a Refugee Stop Being a Refugee” - Poetry Reading**
Zemikael Habte-Mariam, *Freelance Poet and Consultant*
- 10:20 Mental Health Provisions within the BME Community**
Abdirashid Gulaid, *MIND in Tower Hamlets and Newham*
Q&A
- 10:40 Engaging the BME Community within Mental Health**
Afia Khatun, *Bangladeshi Mental Health Forum & PCT*
Q&A
- 11:00 Mental Health & Personalisation**
Paul James, *Borough Director for Tower Hamlets Locality, Adult Mental Health Services, Mile End Hospital*
Q&A
- 11:20 Equality & Diversity Issues affecting BME Communities**
Robert Jones, *Associate Director of Equality and Diversity, East London NHS Foundation Trust*
Q&A
- 11:40 Open Discussion**
- 12:10 Closing Comments and Reflections**
Abdirashid Gulaid - *Mind in Tower Hamlets*
Aymero Gebremeskel - *The Asian Health Agency*
- 12:30 “I Survived But Others.....” - Poetry Reading**
Zemikael Habte-Mariam, *Freelance Poet and Consultant*
- 12:35 Lunch and Networking**

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BME Leadership & Engagement Project is a project of The Asian Health Agency and is funded by London Councils.

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Oxford House, Derbyshire Street, Bethnal Green, London E2 6HG

BOOKING Form

First Name(s) _____ Surname _____

Position Held _____ Organisation _____

Address _____

_____ Postcode _____

Contact Name _____

Tel _____ E-mail _____

Please state any particular requirements e.g. food, disability access, language etc.

Signature: _____

Print Name: _____ Date: _____

Photocopy and complete for each additional participant

COMPLETE and post this form to: The Asian Health Agency,
Dominion Centre, 112 The Green, Southall, Middlesex UB2 4BQ

Alternatively, send the booking details in an email to:

farah.chaudhry@taha.org.uk or **admin2@taha.org.uk**

For further information contact:

Farah Chaudhry on:

020 8981 2146/07961 712 or **farah.chaudhry@taha.org.uk**

or Jessi Jandu on: **020 8571 7** or **admin2@taha.org.uk**

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